Academic tutoringu

by Joanna Budzisz

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Why me ?

Development tutor/Supervizor

Asia

educational trainer

psychological trainer and

sociotherapist

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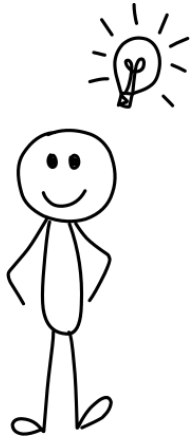
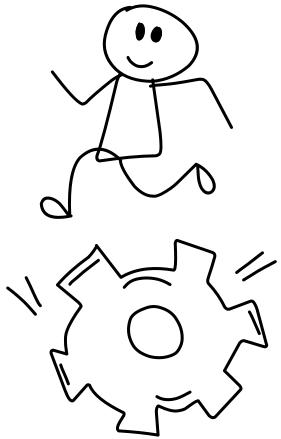
Developmental tutoring

Focus on personal growth, soft skills, and critical thinking.



Developmental-Academic tutoring

Combines developmental and academic skills



Academic tutoring

Suport learnig and mastering specific subjects or technical skills.

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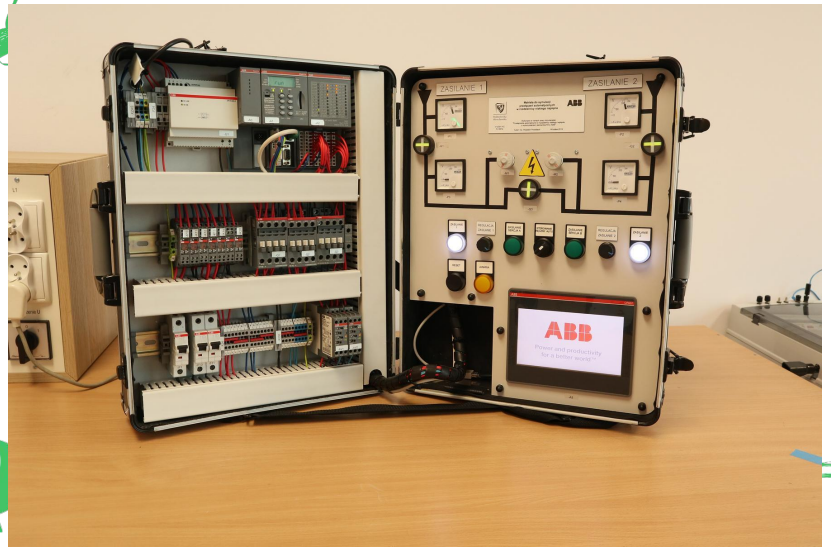
Technical competences + Interpersonal competences
academic tutoring +developmental tutoring

design work

- work planning
- time management tools
- work on the process: beliefs, values and goals

defining the vision



mgr inż. Wojtek Przedlacki

construction of a laboratory stand

- developing your own habits
- working on your strengths and talents
- working on patience, mindfulness

contact with the company

- active listening skills
- effective communication
- creative presentation of your idea
- written communication

Completing the process

- completion of the process (protocol, submission of the model - written form, ready instructions for the exercise)
- celebration

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Work on the process

Time frame – The time frame is defined by the student's needs.

Space for experimentation.

Flexible adaptation to emerging difficulties.

Technical competences acquired based on **interests.**

Interpersonal development
Growth adapted to the student's needs.

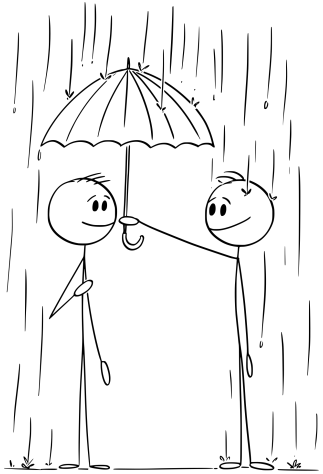
Contact with industry.
Often the first.
Possibility of internships.

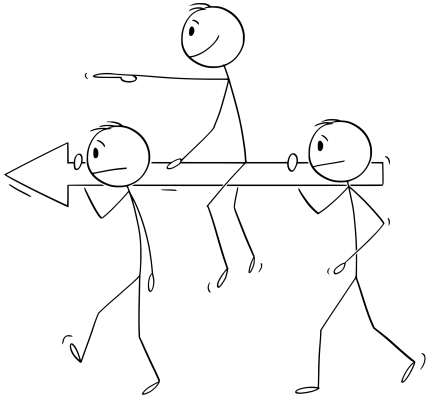
A development process based on **relationships** and mutual trust.

The role of the tutor

Tutor as a companion

A tutor is not a traditional teacher. Insted, they are a guide who helps students thrughout the learning process.





Different roles of a tutor

Mentor: sharing knowledge and experience.

Coach: helping the student reflect, set goals, and solve problems.

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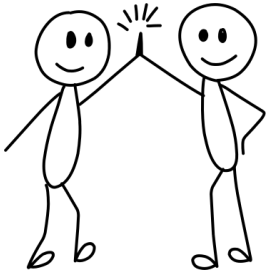
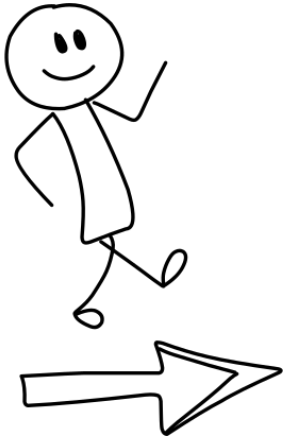
Challenges and effects

Tutoring is not easy to use at universities. This is because the work is ofen done one-on-one or in very small groups.



It also takes a lot of time and needs strong effort from both the tutor and the student.



Both sides need to work hard during the process. Tutors need to prepare, adapt, and support students, while students must take part actively and take responsibility for their learning.

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What are the benefits of personalized education?

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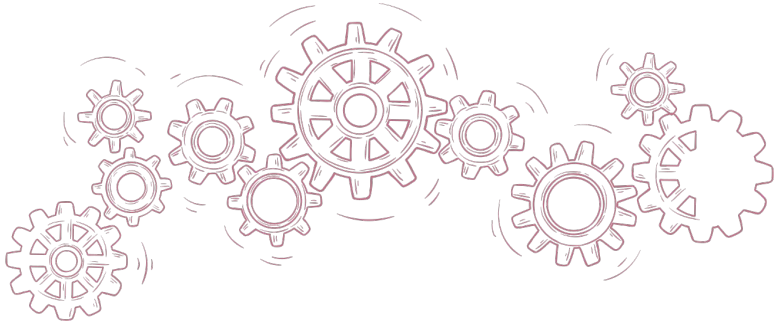
Self-awareness

Self-awareness means understanding your strengths, abilities, limits, and goals. It helps you stay true to yourself and your values. With self-awareness, you can grow into a better person, student, worker, or leader.



Personalized education is a process, and its effects are reflected in professional and personal successes.

A sense of purpose, motivation and independence

Achieving small successes, solving problems, and setting tasks on our own boosts our sense of independence and motivation. Exploring new areas helps us discover our interests and talents. This allows us to better guide our careers and lives.

Analysis and critical thinking

The ability to think critically and check if information is reliable is very important for a future engineer. This is because technological progress brings a huge amount of information to them.

Tutoring is a voluntary partnership where both sides have the chance to learn and grow together.

Tutoring. Teoria, praktyka, studia przypadków

Czekierda Piotr Fingas Bartosz Szala Marcin

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summary

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"Even though it is challenging, the results of tutoring are amazing. Students develop not only technical skills but also independence, confidence, and problem-solving abilities."

To conclude, tutoring is a **copmlex highly rewarding** process.

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This makes tutoring a powerful tool for personal and professional growth.

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We should also remember that this is a demanding process, requiring commitment from both the student and the tutor.

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